

Monday 11 July 2016

Bendigo TAFE to host HALT brekky for young tradies

Young trade apprentices and students will have an opportunity to connect with their peers and seek support for day-to-day life or mental health issues at the Hope Assistance Local Tradies (HALT) breakfast on 13 July.

More than 200 apprentices and students from plumbing, electrical, horticulture, automotive, engineering, building and construction, and painting and decorating trades are expected to attend.

HALT spokesperson Jeremy Forbes, who will be addressing the students on the day emphasised the value of the event for young tradies, "It's vitally important at this vulnerable stage of their lives that we give the apprentices the necessary tools and support to help them with mental health and wellbeing issues they may encounter."

Bendigo TAFE's construction lead educator Kieran Moroni also expressed the importance of providing a forum for young students to discuss issues surrounding mental health, "The event is a great way to facilitate informal discussions amongst our students. They can share ideas on how to deal with the rough stuff that happens every day and learn about the support available to help them through tough times."

The breakfast will also incorporate a presentation by Central Victoria Lifeline, alongside a barbeque by the Rotary Club.

The HALT 'Save your Bacon' Brekky initiative was created in 2013 as a community movement to support men and women in trade and link them to support services for themselves and their mates.

The event will complement Bendigo TAFE's existing range of support services available for its students. This includes counselling and referrals for young people experiencing issues such as mental health, bullying and stress.

Media welcome to attend a photo opportunity.

When: Wednesday 13 July 2016
8.15am-9.15am

Where: Bendigo TAFE's Charleston Road campus
Building L, Charleston Road, Bendigo

For more information contact:

For further details including photo and interview opportunities please contact Kim Wilson, external relations and communications, on 03 5434 1557 or kwilson@bendigotafe.edu.au